

It gives me great pleasure to express my thoughts at the start of this new academic year. The children are back to school and the school is happy to welcome them and groom them through this New Year yet again.

This year we will focus on transport, discipline both inside and outside classrooms, effectiveness in academic delivery, Sports training, notebook checking, Homework uploads and checking and establishing a strong parent connection.

The school is working with Happiness in transit and the buses have started reaching the school before 8:25 am. Children have been spoken to by the class teachers and the counsellor regularly to maintain order both inside and outside classrooms.

We have a tie up with Da one sports academy and they will manage the inside and outside school sports activities. Two block periods have been given for all grades to practise the offered sports.

The paid clubs, Abacus/Vedic Math and Taekwondo have been introduced from this year. External teachers will run these programmes for us.

Academic delivery will be closely monitored with observations and feedback from the principal, HM and Coordinators. Note books will be checked periodically and HW uploads will be monitored by the team.

This year we will work very closely with the parents by setting up a strong PTA and engaging with them in various activities throughout the year. All activities of the school will be monitored by the school cabinet.



# **Editorial Team**

## **Chief Editors:**

Ms. Mamatha Rao (Principal),

Ms. Shwethashree (Head Mistress),

Ms. Priya Sahu (Academic & HSCP Coordinator)

## **Editors:**

Ms. Ananya Bandyopadhyay,

Ms. Usha Rani,

Ms. Savitha MB,

Ms. Suchithra S



"Work performed with higher knowledge or skill,

capacity or ambition, usually brings a

correspondingly higher reward."

- Sir Mokshagundam Visvesvaraya

## **Student Cabinet:**



We welcome the new cabinet, the elected and nominated student members. I am sure they will keep the school flying high and bring laurels to our esteemed institution.

**Head Boy:** Adhwaya A Padaki **Head Girl:** Kanasu K Nadiga

Junior Head Boy: Ayushman Thakur Junior Head Girl: Ishanvi S Upadyaya Sports Captain: Jeevith Kumar M Sports Vice-Captain: Dipankar Sing

Blue House Captain: Tenzin Thoesam

Vice-Captain: Niharika G N

**Green House Captain:** Namit Rajgopal

Vice-Captain: Lakshya

Red House Captain: Prabudh R

Vice-Captain: Chethana S

**Yellow House Captain:** Jeevanmai V Achyutha

Vice-Captain: Chethan Gowda A R

**HSCP Captain:** Yashica Uttappa **Vice-Captain:** Naga Phalguni

#### **Anti-Bullying Committee Captain:**

Navaneetha Yadav C

Vice-Captain: Akash C M

**Discipline Captain:** Pavani Hegde

Vice-Captain: Hasini Girish

**Members:** Panchami Aditri B, Avyukth Rappan, Preksha Gowda, Harshith Kumar, Vansh Mehat, Charvi R Gowda, Sanjana R Gowda, Tanush Akansh, Yashmitha, Samanyu Hullur, Mayukha, Anushree, Vehaan A, Prakruthi Shivanagi



## **New Staff:**



Each year brings positive change. This includes a few additions to our staff. We are delighted to welcome the following staff members:

- 01. Ms. Rekha G Pre-primary Teacher
- 02. Ms. Koushalya Gowda Primary Teacher
- 03. Ms. Limonlisha Manoranjan Khatua Primary Teacher
- 04. Ms. Soniya P Primary Teacher
- 05. Ms. Vilasini P Kumar Primary Teacher
- 06. Mr. Jagannath Trained Graduate Teacher
- 07. Ms. Usha Rani Trained Graduate Teacher
- 08. Mr. Jinto Jose Trained Graduate Teacher
- 09. Ms. Sweta Barik Trained Graduate Teacher
- 10. Ms. Ananya Bandyopadhyay Post Graduate
  Teacher
- 11. Mr. Kiran Kumar C Post Graduate Teacher
- 12. Ms. Shruti Rao Assistant Teacher

13. Mr. Arogya Swamy - Co-Scholastic Teacher - Fine Arts

- 14. Ms. Divya B Executive Front Office
- 15. Ms. Suchithra S Manager Admissions
- 16. Ms. Anithashri M N Executive-Infirmary

Together, I know we will make this school year one of growth and achievement for all children.

Warmest Regards, Principal Tattva School



# **Primary Events and Activities**

### **Teachers Engagement Program**

On the first day of school, Tattva School organized a team lunch for the teachers.

### **Teachers Orientation Program**

The teacher orientation program was a delight! It was a fantastic opportunity for new teachers to learn about our school, meet our wonderful team, and hear about our teaching philosophy. We are thrilled to have such a brilliant and enthusiastic group of instructors on board! The teacher orientation program was a fun and informative event in which instructors learned about our school's principles, curriculum, and resources. They also had the opportunity to network with their fellow instructors and become enthusiastic about the upcoming school year. It was an excellent way to begin a prosperous academic career!

## **Parents Orientation Program**

An orientation session was organized for the parents of the newly admitted students. The main objective of this event was to reiterate the basic guidelines regarding the functioning, assessment, and support facilities available for varied exposures to the students. The session commenced by invoking the blessings of the Almighty through a Prayer by Choir group.

A well-planned & transparent curriculum, designed & practiced in Tattva was explained by our Principal Ms. Mamatha Rao. The new initiatives and tie ups with Dance academy- ASDA, School's association with DA-one sports and Academic scholarship initiatives of academic year 2023-24 were announced by our Principal.





Followed by Head Mistress, Ms. Shwethashree shared the plan of action for this academic year 2023-24:

- Hands-on practices while teaching Science like Yardstick for grades I to VIII
- ELEP program to enhance the English language
- Innovation Lab to improve critical thinking.
- 15 Book Campaign to instill reading habits.
- The Tests & Exams schedule & evaluation criteria followed at Tattva.

The HSCP coordinator Ms. Priya Sahu took the parents through the Health Safety & Child Protection practices followed at Tattva. Parents were made aware of the digital support school provides with Never Skip communication app, which enables parent to access fee payment details and all important circulars/ communication are shared in this portal which parents can access anytime.

Ryan OS provides details of assignments for Nursery to grade X and Oxford Advantage, an online learning programme designed to cater to age and curriculum-specific learning requirements for Nursery to grade V.

All in all, the session was an interesting and interactive event. The parents applauded and shared their feedback.





# School Cabinet Committee Elections at Tattva School

India is a democratic country and the government is formed by the people representatives who cast votes to elect their leaders. In order to create awareness on the democratic election process and the need to vote for the best performing leaders, Tattva School conducted the school cabinet committee elections on 3rd June, Saturday. The students who nominated themselves for various positions visited all the classes, shared the work they would do for the school and asked for votes. The teachers supported the students in holding fair elections. On the scheduled day, students cast their votes to elect their favourite leaders. Students shared their joy by voting for the leader of their choice. They also realized that it is their responsibility to vote for the leaders who would do the best for the school. They enjoyed the entire experience and had their take away from the activity. A team lunch was organized for the teachers.

## **World Environment Day**

The United Nations General Assembly in 1972, first established that World Environment Day should be celebrated on 5th June every year to raise awareness and encourage action for the protection of our planet. Since then, over 150 countries participate in various activities to celebrate this day. Tattva School celebrated the World Environment Day with a lot of Zeal and enthusiasm by engaging in various activities to create awareness among the students and its neighbourhood. The Environment Day oath was administered by the teacher leader of the Eco Club team and the entire school took the oath to maintain our environment GREEN. Grade VII presented School assembly on the theme, World Environment Day with





speeches, guiz, amazing facts, song and skit. Many students donated a plant to school and these will be planted in the school garden. Their effort was appreciated and applauded by all in the assembly. The students of all grades participated in the plantation activity. The pathway to the school Athletic track and the school garden was used for the plantation activity. The entire Tattva team was dressed in Green to mark World Environment Day. The teachers and the admin team also planted saplings to celebrate the day. The students of grades III and IV went on a rally to Cauvery Enclave, the layout adjacent to school, spoke about World Environment Day and planted fruit bearing plants like Guava and Custard Apple saplings there. The residents of the layout were appreciative of the effort. The students of grades V to VII, went on a rally to Kumbalgodu and they presented the street play in Kumbalgodu and planted saplings in the village. The students donated medicinal plants to the residents of the village.

The students of grades VIII to X went on a rally to Hosapalya village with placards, saying slogans

- TIME SPENT AMONG TREES IS NEVER TIME WASTED.
- LET'S UNITE TO ERASE OUR MISTAKES AND PLANT TREES TO SAVE THE ENVIRONMENT.
- LET'S GO GREEN AS IT MAKES ENVIRONMENT CLEAN. The students enjoyed all the activities conducted on the day and felt happy of their contribution towards creating awareness about maintaining the environment Green and plastic free to preserve Mother Earth for us and the generations to come.





# MOMS PLUS ONE – Parent Engagement Activity

"The word "mom" encompasses much more than just a simple word or name. It represents a figure of trust, hope, and unwavering love. At Tattva School, this profound sentiment was beautifully expressed through an event called "Mom plus One." This joyous occasion was filled with amusement and excitement as mothers and their loved ones came together to celebrate the remarkable bond they share. Under the guidance of Principal Ms. Mamatha Rao, the event showcased various activities that highlighted the strength, creativity, and balance that mothers bring to their lives.

The Mom plus One event was a delightful affair, featuring an array of engaging activities that brought mothers and their loved ones closer. Here are some of the event highlights:

**Look-Alike Contest:** Mothers and their buddies participated in a fun-filled look-alike contest. This activity celebrated the unique resemblances and shared features between the mothers and their loved ones. It brought laughter and a sense of unity among all the participants.

**Cooking Without Fire:** In a display of culinary creativity, the moms prepared delicious dishes without the use of fire. Within a time limit of 15 minutes, they showcased their cooking skills, innovation, and ability to whip up delectable treats without traditional cooking methods.

**Balancing with Balloons:** The event featured a captivating activity where moms showcased their balance and agility by gracefully maneuvering with balloons. It was a testament to their ability to maintain equilibrium in their lives and find harmony amidst challenges.





Balancing with a Buddy: Through a delightful fold-by-repaper dance, moms and their buddies displayed their synchronized coordination and balance.

**Three legged race:** The moms and their loved ones ran together with tied legs, they exemplified the strength of their bond and the unity that exists between them.

Recognition and Awards: The entire event was judged by a panel of esteemed individuals, including Headmistress Ms. Shwethashree, Coordinator Ms. Priya Sahu, Senior Faculty Member Vilasini, and Administrator Jagadeesh R. Winners and runners-up of each activity were awarded certificates and medals, recognizing their exceptional performances in different categories. The recognition served as a token of appreciation for their enthusiastic participation and the joy they brought to the event. The Mom plus One event at Tattva School was a heart-warming celebration of the spirit of motherhood. It provided an opportunity for mothers and their loved ones to bond, create lasting memories, and showcase their talents. Under the guidance of Principal Ms. Mamatha Rao and with the efforts of a remarkable teacher's team, the event successfully conveyed the importance of mothers in our lives and the profound impact they have on our happiness. Through engaging activities such as look-alike contests, cooking without fire, balancing with balloons, and more, the event truly captured the essence of the remarkable relationship between a mother and her loved ones. The joy and excitement shared by all the participants made it a truly memorable occasion."





## **International Yoga Day**

International Yoga Day at Tattva School was celebrated with great energy and reverence. This year, the theme was "You have the power to control what happens within you, even if you can't control what happens outside." The session was held in the school ground on 21st June, where all the students, along with their parents, performed yoga. The day began with a melodious Vandana, followed by an explanation of the history and significance of yoga postures. The yoga session commenced with warm-up exercises led by Mr.Beersha. All the members of Tattva team actively participated in the Yoga Day celebrations. Teachers were present throughout the event to assist students who faced difficulties in performing or understanding the asanas. Various asanas, such as Sadilaja, Shoulder Movement, Skandha Chakra, Trunk Movement, Knee Movement, Standing Posture, Pada Hastasana, Aadhar Cakrasana, Trikonasana, Bhadrasana, Vajrasana, Aadha Ustrasana, Ustrasana, Sasakasana, Uttana Mandukasana, Vakrasana, Pavana Muktasana, Savasana, Dhyaan, Sankalpa, were performed. The event concluded with a spiritual song, "Humko Mann Ki Shakti Dena."

## **Sports Mania**

The Tattva School proudly hosted the inaugural ceremony of its world-class athletic track, marking the beginning of an exciting event called SPORTS MANIA. This highly anticipated inter-school track and field competition brought together various esteemed institutions from the region. Distinguished guests, including the renowned Olympian Ms. Anju Bobby George, IPS, DIG CBI, ACB of Bengaluru, Madam Jayalakshmi. R, Rang Foundation President, Dr. Nirmala Gupta, Tattva School Chairman Mr. Shravan Gupta and the Trustee Ms. Shalini Gupta graced the ceremony with their presence.





The celebration commenced with a symbolic gesture of planting saplings, led by the esteemed chief guest. As the saplings took root in the earth, the school choir filled the air with their melodious voices, singing a beautiful plantation song to invoke blessings upon nature and emphasize the importance of environmental stewardship.

With the athletic track officially inaugurated by the chief guest, the atmosphere was charged with excitement. A captivating invocation song resonated through the venue, followed by the ceremonial lighting of the lamp, symbolizing the illumination of knowledge and the pursuit of excellence.

During this momentous occasion, Mr. Shravan Gupta, the trustee of Tattva School, took the opportunity to announce a scholarship program aimed at identifying, motivating, and nurturing young talent. Recognizing the significance of balancing academics with sports, the scholarship initiative encouraged students to embrace sports as an integral part of their lives. This endeavor sought to provide opportunities for the youth to break away from their busy schedules and engage in physical activities, fostering holistic development. The sports events were skillfully organized by the dedicated team from DAONE, ensuring a seamless and competitive experience for all participants. The thrilling competitions included the 100m, 200m, and 400m sprint races, as well as the highly anticipated 4x100m relay race. The athletes showcased their speed, agility, and determination, captivating the audience with their remarkable performances.

While the spirit of sportsmanship prevailed throughout the





event, it was in the field of Athletics that the medals were shared among all participating schools, highlighting the collective talent and dedication of the young athletes. Moreover, Tattva School emerged triumphant, securing the U12 girls' Football and U16 Cricket Winners trophies, showcasing their prowess in multiple sporting disciplines. The U14 Cricket trophy was claimed by TCS, while Ryan International School Bannerghatta, CBSE, and Ryan International School Yelahanka, ICSE, triumphed in the U14 and U16 Football categories, respectively.

The Tattva School is immensely proud of the successful and memorable inaugural ceremony and Sports Mania event. The school's dedicated coaches are committed to harnessing the potential of their students and ensuring the optimum utilization of the newly established athletic track. With a focus on holistic development and fostering a love for sports, Tattva School aims to create a generation of well-rounded individuals

## Place value - Practical activity

**Aim/Objective:** To build large numbers, identify place values and differentiate between two types of numeration system.

Students were divided into teams of two and given the activity to build large numbers in International and Indian system of numeration using place value chart and number cards.

**Observation:** Students were able to build large numbers, identify place values of each digit in Indian and international system. Able to differentiate between two types of numeration system. Peer evaluation was carried out at the end of the activity and doubts were cleared.





# Light- Reflection and Refraction - Lab Experiment

**Aim of the Experiment:** Tracing the path of a ray of light passing through a rectangular glass slab for different angles of incidence. Measure the angle of incidence, angle of refraction, angle of emergence and interpret the result.

**Apparatus:** Drawing board, drawing pins, three plane sheets of white paper, a rectangular glass slab, geometry instruments, and sharp pointed pins.

Students were taken to Science Lab to perform an activity of Refraction through a rectangular glass slab. Students were guided by the teacher to complete the experiment by taking the different angles of incidence such as 45degree and 60degree and measure the angle of refraction and emergence accordingly and tabulate them.

### Science - Soil - Experiment

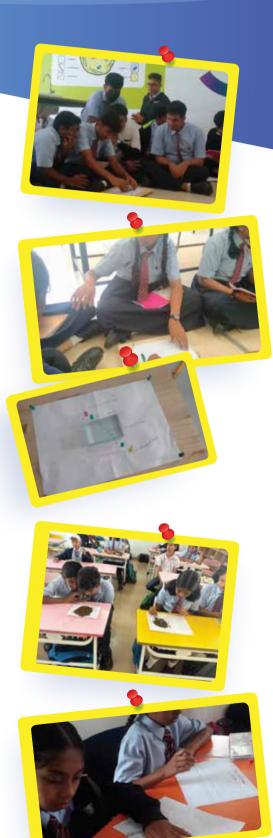
Experimental investigation - With the help of Magnifying glass, students investigated different substances present in the soil like roots of plants, small stones, earthworms, dried twigs and leaves etc.,

**Learning outcome:** Students were able to understand the composition of soil in an easy way.

# Maths - To build large numbers up to 9 digits, identify place values

**Aim/ Objective:** To build large numbers up to 9 digits, identify place values

Individual activity - Place values and Roman numerals





Each student was given the activity to build large numbers using place value chart and dice. Able to identify place values in two different system of numeration and represent small numbers in Roman numerals.

Students were able to build large numbers, identify place values of each digit and represent small numbers in Roman numerals. Observation was tabulated on activity sheet.

#### **Maths-Whole Numbers**

**Aim of the Experiment:** To verify addition is commutative for whole numbers.

Apparatus: Squared sheet, Colour pencils/Crayons

Students were able to verify that addition is commutative for whole numbers by colouring the specified number differently. They observed that two whole numbers added on arranging in different order gives the same results.

# पर्यायवाची Synonyms

All the students drew pictures and wrote पर्यायवाची on the sheet with the help of teacher.

## **Latitudes and Longitudes**

All the students prepared a model of Fishbone in order to demonstrate the important latitudes and Prime Meridian.

#### All about me - Hand cut-outs

Grade I students used their creative abilities and minds to create their favourite items on hand cut-outs. Students





appreciated the activity and demonstrated their confidence.

### Family - Creating a Family Pot

Grade II students created the family pot out of twigs and waste stuff. They were able to apply their creativity to create a lovely Family - Pot. They were also able to describe their family and its significance. Students were ecstatic and grasped the value and necessity of family. They also realized that they all came from different kinds of households.

# **Chemistry - Determination of Melting point of ice and Boiling point of water**

**Aim of the Experiment:** Determination of Melting point of ice and Boiling point of water

**Apparatus:** Beaker, thermometer, stop watch, Bunsen burner, tripod stand, wire gauze,

Group 1: Crushed ice cubes taken in a beaker.

Thermometer kept in the crushed ice cubes and temperature was noted.

Time taken to one-degree rise in temperature was noted with the help of stop watch.

Group 2: 200 ml of water was taken in beaker and heated. Time taken to five-degree rise in temperature was noted with the help of stop watch.

#### Learning outcome:

Group 1: The temperature remains at 0°c for longer duration of time, that shows the melting point of ice is 0°c.

Group 2: The temperature remains at 100°c for longer duration of time, that shows the boiling point of water is 100°c.





## **Yardstick Activity - Crop Production**

Construct an experimental set up of drip irrigation system. Observe the flow of water into the plants through the drip nozzles.

#### Learning outcome

Students were able to understand the following

1: Drip irrigation allows small quantities of water to trickle into the soil for long periods of time.

2: The loss of water in drip irrigation system is comparatively less than other irrigation systems.

## Yardstick Activity - Soil

Three different soil samples were given.

Learning outcome: Students were able to understand the following

Task 1: colour, texture, particle size.

Task 2: Finding the pH value of samples and their nature-acidic/basic/neutral.

Task 3: Water retention capacity they've calculated for the samples.

Task 4: Different layers of soil sediment based on their density.

## Earth and the Solar system

Students were instructed to create and label a solar system necklace out of beads of various sizes and colours.





### To find Prime numbers from 1 to 100 by using 'The Sieve of Eratosthenes'

**Aim of the Experiment:** To find Prime numbers from 1 to 100 by using 'The Sieve of Eratosthenes'.

Apparatus: Squared sheet, Colour pencils/Crayons

Students were able to determine the prime numbers ranging from 1 to 100 by removing multiples of 2,3,5,7... The numbers that were left out without being crossed out were prime numbers with factors of 1 and themselves. Students were able to distinguish between prime numbers and composite numbers through hands-on activities, and they also identified '1' as a unique number.

# Yardstick Activity - Assembling Internal Organs

Students of grade II assembled internal organs and were able to describe the function of each internal organ. They were able to describe and understand the function of each internal organs and their importance.

# Chemistry Practical's – Metals and Non metals

Reactivity of Metals - Arranging the metals in an order of their reactivity

**OBSERVATION:** Students were excited to see the reaction occurs when highly reactive metal displaces the least reactive metal from the salt solutions.

They observed the change the change of colour and change in temperature when Fe react with CuSO4.

Zn with CuSO4





They understand the displacement reaction in an easy way and able to arrange the metals Al, Zn, Fe, Cu in the order of their reactivity based on their reaction with salt solutions of Al2(SO4)3, ZnSO4, FeSO4,& CuSO4.

# समय मूल्यवान है, व्यर्थ इसे मत खोना।

- 1. Discussion among students on the importance of time.
- 2. Preparation of slogan on Importance of time by students on A4 sheet
- 3. Drawing of 8 types of clock found all over the India.

## **Special Assembly**

### **Back to School**

Tattva School welcomes students for the new Academic Session 2023-24. Every new academic year brings in fresh aspirations. Students were welcomed with open arms by the School Principal, Head mistress, Coordinators, Teachers, and Administrative team. Every teacher was elated to receive the kids back into the portals of the school.

The school reopened on 15th May for grade IX and X, 22nd May for grades I to VIII and 1st June for Pre-primary classes.

The teachers presented the special assembly with a prayer followed by the National Anthem and narrated the pledge. There was a selfie zone to capture the kids on their first day at school and various engaging activities were conducted inside the classroom. The tiny tots took away paper baskets as a takeaway.



# **Special Assembly**



## **World Bicycle Day**

Bicycles have been used by the human race from the days they were invented. Bicycles have been used alongside all mopeds, three and wheelers for reasons like, affordability and health. The students of Tattva School celebrated World Bicycle Day to envisage the importance the use of Bicycles at all times and on all days. On the occasion of World Bicycle Day, the students of grade VII 'A' performed a skit in the assembly. Through the Skit, the children portrayed the story of the bicycle's invention and it's potential in the present, past and future. Through their captivating performance, the students skilfully conveyed the message, 'Bicycles are Timeless!'

## **World Diabetes Day**

World Diabetes Day was founded in 1991 by the International Diabetes Federation and the World Health Organization. Diabetes is increased by both a lack of activity and being overweight. Diabetes is the leading cause of kidney failure worldwide. It is also a major contributor to heart disease, stroke, and cataracts. The goal was to raise diabetes awareness among students and encourage early diagnosis and adherence to lifestyle changes and treatment. There were also posters in order portraying the causes, signs, and symptoms of diabetes, as well as treatments available.

## **International Olympic Day**

International Olympic Day is held every year on 23rd June and was first recognized in 1948. The Olympics are the world's largest international multi-sport event, held every four years. Students created Olympic-themed charts that were shown during the assembly. It aims to encourage participation in sports and physical activities, as well as the Olympic values of excellence, friendship, and respect.





## Mastering Time Management: A Student's Guide to Success

Time management is a crucial skill for students to cultivate as they navigate through their academic journey. Balancing classes, assignments, extracurricular activities, and personal life can be challenging, but with effective time management strategies, students can not only reduce stress but also excel in their studies. In this blog, we'll explore practical tips and techniques that students can implement to make the most of their time and achieve academic success.

#### **Set Clear Goals:**

Begin by defining your short-term and long-term goals. Having a clear sense of what you want to achieve will help you prioritize tasks and allocate time accordingly. Break down larger goals into smaller, manageable steps.

#### Create a Schedule:

Develop a daily or weekly schedule that outlines your classes, study sessions, and other commitments. Utilize tools like planners, calendars, or digital apps to keep track of deadlines and important dates.

#### **Prioritize Tasks:**

Identify tasks based on their urgency and importance. The Eisenhower Matrix is a helpful tool that categorizes tasks into four quadrants: urgent and important, important but not urgent, urgent but not important, and neither urgent nor important.

#### **Use Time-Blocking:**

Allocate specific blocks of time for focused studying, breaks, and other activities. By segmenting your day, you'll avoid multitasking and maintain better concentration.

#### **Eliminate Procrastination:**

Procrastination is a common challenge for students. Combat it by setting a timer for short bursts of focused work (e.g., Pomodoro technique), breaking tasks into smaller steps, and creating a conducive study environment.

	Urgent	Not urgent
important	Do: Tanks with deadlines of consequences.	
normborem	Delegate: Tasks that must get done but don't require your specific skill set.	Delote: Denominary and unmoverary team

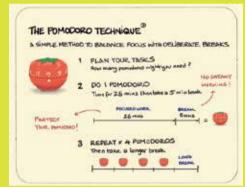


#### **Avoid Overcommitting:**

While it's important to engage in extracurricular activities, be mindful of how much you take on. Overcommitting can lead to burnout and compromise your time management efforts.

#### **Limit Distractions:**

Minimize distractions during study sessions by turning off notifications, finding a quiet place to work, and using website blockers if needed.



#### **Practice Self-Care:**

Taking care of your physical and mental well-being is vital for effective time management. Prioritize sleep, exercise, and healthy eating to ensure you're at your best.

#### **Review and Adjust:**

Regularly assess your time management strategies to see what's working and what needs improvement. Adjust your schedule and techniques as needed to achieve better results.

#### **Seek Support:**

Don't hesitate to reach out for help when needed. Teachers, mentors, or academic advisors can provide guidance and resources to enhance your time management skills.

#### Conclusion:

Mastering time management is an ongoing process that requires dedication and practice. By implementing these strategies, students can create a structured and efficient approach to their studies, reducing stress and maximizing their academic potential. Remember, effective time management isn't just about getting more done—it's about finding the right balance to lead a fulfilling and successful student life.



# PARENT FEEDBACK

I am are very happy to have chosen Tattva School for our children. Not only does the school provide a great curriculum, it also gives every child the platform to showcase and enhance their talent.

Tattva provides a safe and secured environment to children. Right from the GPS tracking system in the bus which helps us track our children's route, to the secured watch system at school premises, children have a safe environment.

Also the teachers and support staff are very approachable. Parents have the freedom to provide suggestions and feedbacks to the school, which is accepted in a positive way by the management and necessary steps are taken to enhance the student teacher relationship. This gives the parent and the child a sense of security and confidence in the school.

Moreover the school takes additional care of children's health and timely alerts of various prevailing illnesses are shared at various platforms which enables us to stay alert.

As a parent I feel every school needs to follow this transparency to ensure child safety.

- Ms. Adhithi Manikanth,

Parent of Anika Kadri, Grade - IV 'A'

# STUDENT'S CORNER

# **Sports facilities at Tattva School**

Sports include any physical activity or game. Tattva thinks that sports should be used to use, maintain, and improve physical ability or skill while also offering enjoyment to the participants. Tattva School Bangalore, founded in 2011, is located in Kumalgodu on Mysore Road and features green surroundings, a building with world-class facilities, and an international-standard athletic track. In addition to the track, there is a cricket pitch, a football field, a long jump pit, and a large outdoor basketball court. The school hosts a variety of inter and intra-school sporting events and contests. Tattva provides the best sports equipment and facilities for its students. Shikhar Dhawan's institution, 'Da One Sports,' also plays an important role in the training of the kids. 'Sports Mania,' one of Tattva's events on June 24th, was a proud and cheerful occasion of the year 2023. The Tattva School's World Class Athletic Track was inaugurated on the day of Sports Mania. During the ceremony, many schools were present to share our excitement. During the event, there was an inter-school cricket and football game, a relay race, and 100, 200, and 400 meter running competitions. It was a new opportunity for all of the sports enthusiasts at the school to participate in sports alongside other schools and their teams. Overall, the school respects the students' sports preferences and permits them to participate in numerous inter-school contests. Tattva School is thus the top school with excellent sports facilities.



## Star Of The Week



Star of the Week is one of the best ways to get to know our students on a more personal level. Students feel distinct for a full week, which encourages classroom community.

Star of the week is a week in the year when a student is recognized. They are given a unique treat every day. After the week is through, we feel more connected, and the students feel loved.

Star student parents should come to school at 9 am on Fridays with the star of the week chart to share information about their child's uniqueness and individuality.

- Akshara V malashetty Grade II 'A' June
- Ayush Gowda Grade II 'A' June
- Ayushi Das Grade II 'A' June
- Akshay Skanda Grade II 'A' June
- Devika Prasad Grade II 'B' June
- Arav Bijesh Grade II 'B' June
- Akshay Grade II 'B' June
- Gurupal Singh Grade III 'B' June
- Almira Grade III 'B' June







# **Student Achievements**



- 1. Ayana Vinod of grade IX 'B' won Gold Medal in State-level Long Jump Competition event as part of Karnataka under-14 meet held at Kanteerava Stadium on 8th May 2023.
- 2. Sai Rithvik of grade VIII has secured 3 Gold medals in the Bengaluru Open district skating competition held on 17th & 18th June conducted by Bengaluru District Roller Sports Association at Bengaluru.

He has participated in

- 1. Road 500 mtrs
- 2. Rink 1000 mtrs and

3. Rink 500 mtrs races.







# **Upcoming Events**

- Investiture Ceremony
- ASE Awards
- All India Ryan Championship