

### HSCP Journey 2019-2020

#### Form the Editorial Board



It gives us immense pleasure to come to the close of the AY 2019-20 with astounding results on the HSCP front. We commenced the HSCP journey this year with a clear approach on our objectives for each school. These objectives were drawn out of experiences of the previous year and assessment of the risk in correlation with the profile of the school.

Performance of each school on safety parameters was diligently tracked through the monthly dashboard, which was revamped at the beginning of the year. The dashboard data duly correlated with the activities of the school gave us a clear insight into the

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functioning of the school with safety at its core. An additional focus was maintained on ensuring standardization of HSCP training across all campuses. We are proud to state that entire HSCP team undertook the effort of completing the Health & Safety Authority (UK) online certification in managing safety in school.

The outcome of the Annual health and safety compliance and Surprise audits in each schools during this academic year has been very encouraging. Not only schools continued to maintain the Green ratings on the Annual audits, almost all schools have consistently progressed towards better score on the surprise audits.

We additional importance on the incident reporting and analysis through out the year. Based on the reports from the school, the Central Team undertook in depth analysis of serious incidents and circulated the root cause analysis and learnings for averting such incidents.

Child Protection remained in focus across all campuses with frequent sensitization which has resulted in reduced the incidents of corporal punishment compared to the previous years. The impact of the Anti-bullying campaign launched in the previous year was seen in the higher awareness and lower incidents of bullying cases in the school campus and buses.

The main theme of this year's HSCP initiative driven by the Central team was around Online Safety -Campaign' in all our schools. We have received very

good feedbacks on the program from many of the students and staff.

We are conscious of the fact that parents have a very significant role to play in propagating the Safety-Values by the way of their conduct at home. In addition, as a responsible organisation, we also feel it is our duty to impact the society positively through our efforts in the direction of HSCP.

We have added extra emphasis on the participation of parents in the HSCP monthly meetings,

undertake campus audits and play the role of important stakeholder in this journey. We regularly share the HSCP alerts and newsletters and also seek their contribution to understand their perspective. We could release and share 134

Health Safety Weekly alerts on various new & relevant topics with all stakeholders this year.

It is our duty to apprise all our parents that the school has taken serious view on the COVID 19 situation and has prepared a detailed Safety Protocol for ensuring hygiene and sanitation conditions in our schools.

We assure that we are committed to implement best practices to provide a safe and hygienic environment to all our learners, staff and visitors in the

school campus. We truly believe in the maxim that "Physical and mental wellbeing is the backbone of all progress".



## Views from the School Leaders



**Mr. Anurag Sharma**  
Principal  
Ryan  
Education School  
Jaipur

Arise! Awake! and stop not until the goal is reached.

**Swami Vivekananda**

As quoted by legendary Shri Vivekananda we as educationists carry the onus of educating the younger generations albeit the challenges ahead. Hence, it becomes imperative to recognize and plan for the challenges ahead. In the modern day process of teaching learning, the internet plays a vital role, it has become even more relevant in the present time when we have the world locked down and the educationists have to reach individuals homeroom with all their might to make their content interesting and relevant.

In the same context when children accessing the internet is inevitable, an obvious question

arises as to how can we keep them safe while they surf?

Well let's address the question and understand the role of Educator and Parents in keeping a child safe:

### I. What can a Parent do at home to keep a child cyber safe?

Parents may follow a few simple steps to help their child stay safe online.

#### a. Increase awareness:

Children especially the younger don't have an idea about the challenges they may face online hence they need to be made aware and Parents and teachers may set some golden rules for them to follow like, never talk to

strangers, always update elders about your online activity, reach out to elders if you wish to explore more. Schools may run their special awareness programs via short skits, assembly briefings, teachers talk and celebrating internet safety week.

#### b. Protect your kid's identity:

Never let your child disclose his/her identity online. Also, save your vital information out of your children's reach.

#### c. Monitor online activity:

Randomly Check Your Child's Browser and Chat Histories, they may not always be vocal about their activities.

#### d. Prevent cyberbullying:

Cyberbullying is another peril for today's online youth. It can be best described as " making a person feel sad, angry, scared - and in some sad cases, suicidal using using internet-connected communication devices.

this one section which was missed in write up under principal category, will speak during the call

#### e. Practice basic security hygiene:

This means keeping your computer in top shape when it comes to security and building secure habits online. Install a reputable anti-virus solution and must have strong passwords for access.

#### f. Place computers in a common area of the house:

This is a very easy yet effective solution to make sure children access the internet devices for proper use only.

#### g. Spend time online with your kids:

Let them have a habit of interacting with known people online. This also tells them that you understand their world and they may share their queries with you

#### h. Set reasonable time and usage limits:

This again is very important to keep a child focused on learning what is essential for him/her.

### II. What will be the role of an Educator?

#### a. Know their Skill Level:

If you have a better understanding of how good your children really are with computers and technology, then you will be better able to teach them about how to be safe online.

#### b. Watch for a change in their behavior:

Teachers can judge it sooner than anybody else , so if you have a hint of any change in behaviour bring it to the notice of parent ask for them to intervene and monitor child's online activity. Educate and update the



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## From the Parent's Pen

parents about deviation from online learning routines (if any)

**c. Set golden rules for online classes.**

**d. Let the children know about your regular communication with their parents.**

Digital citizenship and child safety education should be a community effort. The impact will be more powerful when students have multiple trusted adults they can discuss issues with, and when they are reinforced from both home and school.



**Mr. Rajesh Shashi Kumar**  
Parent of Ananya  
Rajesh- 6C  
Hyderabad

In their formative years, children spend more time at school than anywhere else other than their own home. At school, children need a secure, positive, and comfortable environment to help them learn and grow. A safe learning environment is essential for students of all ages. Without that they are unable to focus on learning the skills needed for a successful education and future. The issue of school safety is a major concern at all levels of government from local to federal.

“School Safety” has been defined as creating safe environment for children,

starting from their homes to their schools and back. This includes safety from any kind of abuse, violence, psycho-social issue, disaster: natural and man-made, fire, transportation. Emotional safety is especially important because it is often difficult for teachers and parents to detect emotional problems and difficulties in children. Bullying can cause victimized students to suffer from lower self-esteem and daily stress about their well-being.

JGS school has an active Health Safety & Child Protection Committee that carries out safety inspections on a regular basis. HS&CP Committee consists of parent, student and teacher representatives to

address the issues pertaining health and safety. The school is equipped with trained team who tend to the students who seek medical attention. The School encourages health check-ups for the students. In-Campus Safety Drill is conducted to prepare the students & Staff for eventualities. A police and background verification is done for all hired staff for the safety of the learners.

The school has a Parent Teacher Association (PTA) with parent and teacher representatives who audit the school premises and participate in furthering the well-being of the students and the school.

Going ahead JGS HSCP team is making this process stronger day by day and ensuring that every member of the school community is safe.



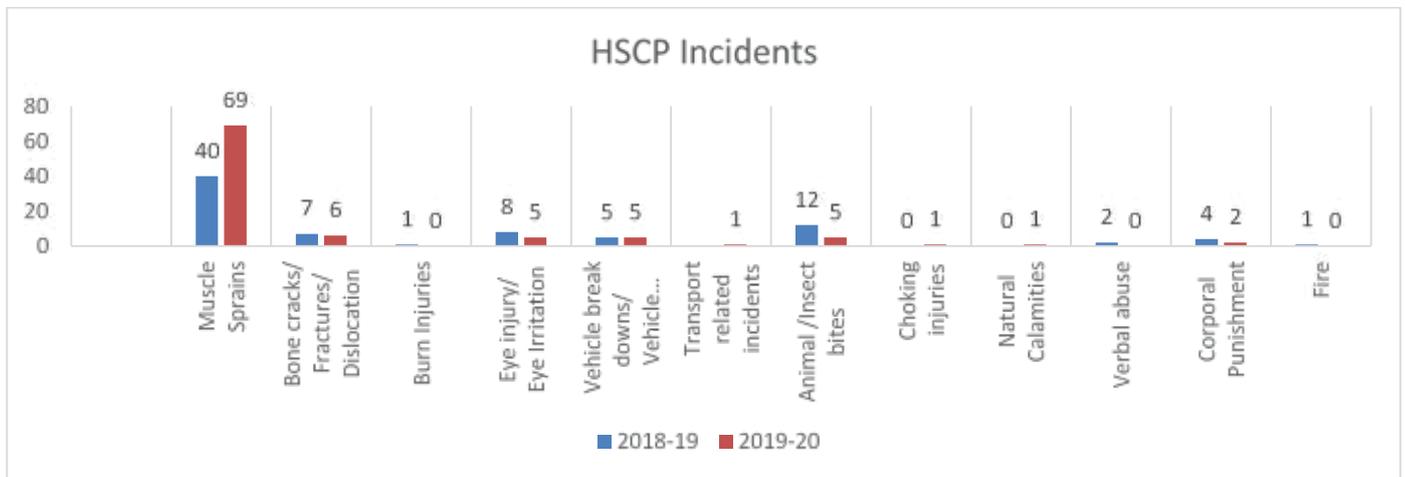
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## The Quarter that Was...

### Health and Safety Incidents

Incident reporting mechanisms got very structured and improved this year as each school followed on time reporting and a post incident analysis communications was shared with each schools, which helped in ensuring and establishing a proactive measure in prevention of repeated incidence occurrence. Continuous team efforts and frequent sensitization has resulted in reduced no.of corporal punishment incidents compared to previous year.

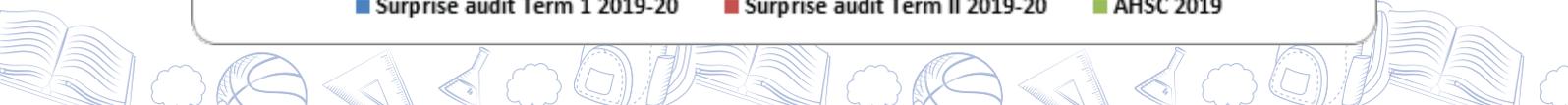
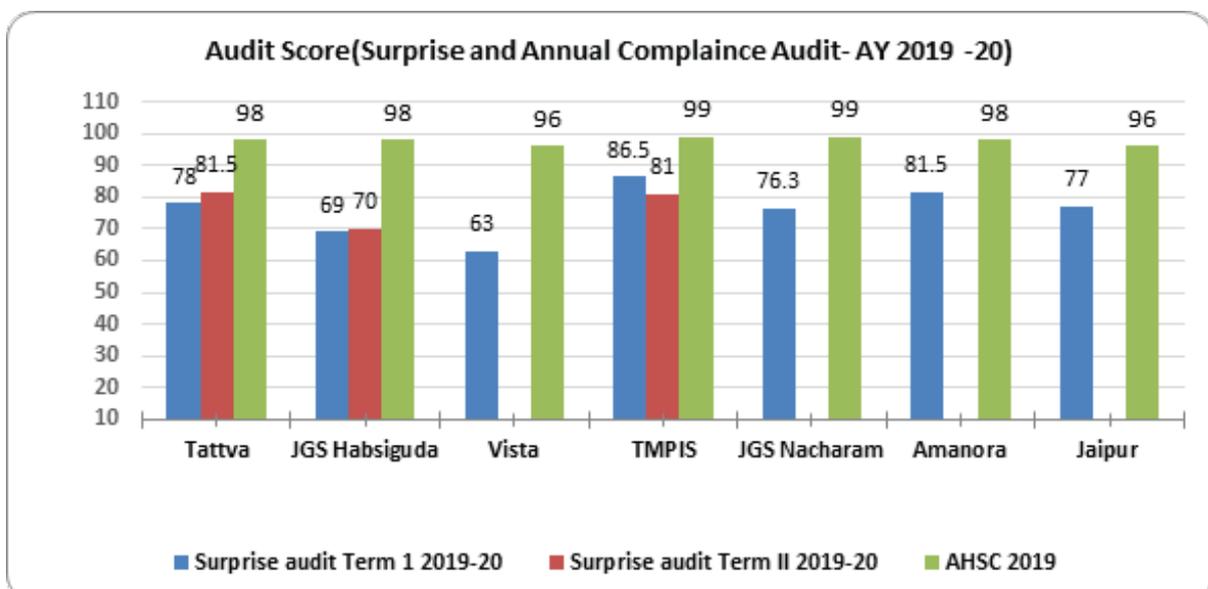


Pic A Health Safety incidents comparison 2018-19 Vs 2019-20

### HSCP activities / Initiatives around our Schools

#### 1. AHSC audits/Surprise audits

Amanora and Ryan Education School Jaipur have undergone annual AHSC audit during this period. Both of them achieved Green rating in the audit with commendable compliance score. Tattva, TMPIS and JGS Habsiguda have undergone Term II Surprise audit. Score chart comparison is in the below graph.



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## 2. Awards & Honors

TM Patel Intl School, Surat Canteen Service (Kitchen) went through Annual Surveillance audit on HACCP -Food Safety Standards through certifying body SGS India Pvt Ltd. Audit went successful without any major non-compliances.



JGS Mallapur and JGS Habsiguda Campus underwent ISO audit on Quality Management (ISO 9001:2005), Occupational Health and Safety Management System (ISO 45001:2018) and Educational Organisations management system standard (ISO 21001:2018). Both the Schools were granted with the rewarding certification by ODC Standard Certifications



Congratulations to all the team members behind these milestone achievements.



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## 3. COVID-19 Awareness.

As new COVID-19 cases continue to emerge in many countries worldwide, we have adopted preventive precautionary measures in our schools by creating awareness session among students and staff, ensuring availability of PPE's, Surface sanitization and temperature checks.



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## 4. Theme Based Training Activities/Programs

Focus on training and awareness creation has been the backbone of our endeavor. Accordingly, we continued the structured approach for streamlining Health, Safety and Child Protection awareness activities in Schools by initiating a theme based training and activities. Schools have executed various activities recently on Road & Transport Safety, Safer internet day; National safety day during this quarter. It was heartening to see the response from our schools who engaged in conducting various initiatives and awareness session around these themes during this period. Online Safety/Cyber safety campaign continued during this period.



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## 5. Anti-bullying Committee Meeting

Term 2 Anti-Bullying Committee (ABC) meeting was held in all the schools during this period. The key agenda of this meeting was discussions on prevalence of bullying in school, outcome of antibullying campaigns, suggestion box feedbacks, future programs & way forward actions to eliminate bullying in school.



## Other HSCP Activities in Schools



Fire safety training for students at JGS Habsiguda



Students demonstrating Cyber safety awareness poster at JGS Habsiguda



Safety audit by Parents in Amanora School Pune



Fire safety training for HK staff at Amanora School Pune



Student HSCP committee meeting in Amanora School Pune



Transport committee meeting held at Amanora School Pune



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Health Camp held for students at JGS Mallapur



Yoga and Health mind demonstration classes held in JGS Mallapur



HS Policy Induction to Vendors at JGS Mallapur



Mock Fire evacuation drill conducted at Ryan Education School Jaipur



Corporal punishment session conducted at Ryan Education School Jaipur



Nukkad natak competition on Online Safety held at Ryan Education School Jaipur



Special assembly on air pollution awareness was held at Ryan Education School Jaipur



Special assembly on swine flu awareness was held at Ryan Education School Jaipur



Hand wash awareness session conducted for students at Tattva School



Online safety session conducted at Tattva school



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Poster making completion on 'anger management' at Tattva School



HACCP surveillance audit at T.M. Patel International School, Surat



Cyber safety training for School staff at Surat



Fire fighting certification training for all fire wardens at TMPIS Surat



HSCP Poster making completion for students at TMPIS Surat



Online safety awareness for Teaching Staff at Vista



Interactive session on Online safety awareness at Vista



Online Safety- poster making sessions held at Vista School



## Meet the team that made us proud



Tattva School



Amanora School



Vista School



Ryan Education School - Jaipur



T.M. Patel International School



Johnson Grammar School - Habsiguda



Johnson Grammar School - Mallapur



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## Leveraging Technology - Parental Controls

Rapid advancement in digital technology is presenting new difficulties and challenges for parents these days as the ease of access to internet exposes our children to various threats like identity theft, cyberbullying, social media scams, and malicious content. Hence protecting the children from dangers posed by digital technology and internet has become very essential these days. Luckily, there are some excellent and advanced tools available for parental control, including monitoring apps. These apps and tools allow parents to set controls on their children internet activity. Parental control platform provides information on the areas on which the kid can improve on, how much screen time the kid spends, and options to control the usage (such as blocking an application).



### Importance of parental control features

- Helps to limit downloads
- Helps to set screen time limits
- Protect children from objectionable content
- Helps to monitor children's devices
- Allows website and category blocking
- Develops good cyber safety habits
- Helps to fight cyberbullying
- Manage what your children find on search engines

## Nurturing Engagement

### Quiz section

#### 1) How is the coronavirus disease (COVID-19) transmitted?

- Respiratory droplet through coughing and sneezing
- Touching surfaces contaminated with the virus and then touching your face
- Both

#### 2) Can I catch the coronavirus disease (COVID-19) from my pet?

- Yes
- No

#### 3) What are the best ways to protect yourself from catching the coronavirus disease (COVID-19)?

- Washing hands frequently with soap or hand rub using alcohol based sanitizer
- Avoid touching face
- Avoid contact with person who have cold and flu-like symptoms
- All of the above

#### 4) Who does the coronavirus disease (COVID-19) affect?

- Older people
- Younger people
- Everyone

#### 5) What percentage alcohol is required in the hand rubs and disinfectants to kill the coronavirus disease (COVID-19)?

- 40%
- 60%
- 50 %



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## Cartoon Section



Ref:COVID awareness comic Kids, Vaayu and Corona by Gov.of India

### Way forward: Ensuing quarter activities

Certification training on fire fighting and first aid	June 2020
Opening /closing audits, new committee formation in schools	June - July 2020
HSCP & corporal punishment induction training programs	June 2020

**Wish you safe and happy summer vacation. Stay home, Stay Safe.**

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